

CLEAR FORK VALLEY LOCAL SCHOOL DISTRICT

OCTOBER 2022

Breakfast: \$1.50 district wide

Lunch: \$3.00 KDG-5th \$3.25 6th-12th Adult meals: \$4.00

<p>October 3 AM: Pop Tarts LUNCH: Chicken Patty Sandwich Corn Pears Milk</p>	<p>4 AM: Mini Pancakes LUNCH: Hot Dog Baked Beans Carrots & Ranch Fruit Cup Milk</p>	<p>5 AM: Cinnamon Roll LUNCH: Pizza Cheese Cruncher Broccoli Applesauce Milk</p>	<p>6 AM: Breakfast Pizza LUNCH: French Toast Sausage Links Potato Triangles Orange Juice Milk</p>	<p>7 AM: Muffin & String Cheese LUNCH: Pizza Salad or Veggie Boat Fresh Fruit Milk</p>
<p>10 AM: Breakfast Bar & String Cheese LUNCH: Chicken Nuggets Dinner Roll Mashed Potatoes & Gravy Mixed Fruit Milk</p>	<p>11 AM: Ham & Chz on Hawaiian Roll LUNCH: Frito Flip (Fritos, chili, cheese & sour cream) Corn Fruit Cup Milk</p>	<p>12 AM: Biscuits & Gravy LUNCH: Bosco Sticks Marinara Sauce Green Beans Peaches Milk</p>	<p>13 AM: Donuts LUNCH: Pancakes Omelet Potato Triangles Orange Juice Milk</p>	<p>14 AM: Breakfast Round LUNCH: Garlic French Bread Pizza Caesar Salad Fresh Fruit Milk</p>
<p>17 AM: Apple Cinnamon Texas Toast LUNCH: General Tso or Sweet & Sour Chicken with Rice Broccoli Mandarin Oranges Milk</p>	<p>18 AM: Bagel & Cream Cheese LUNCH: Walking Taco (Doritos, taco meat, cheese, let) Refried Beans Sorbet Cup Milk</p>	<p>19 AM: Cinnamon Roll LUNCH: Pepperoni Calzone Green Beans Apple Slices Milk *Lucky Tray Day (Elementary)</p>	<p>20 AM: Breakfast Pizza LUNCH: Macaroni & Cheese Dinner Roll Peas Fruit Cup Milk</p>	<p>21 AM: Muffin & String Cheese LUNCH: Ripper Salad or Veggie Boat Fresh Fruit Milk</p>
<p>24 AM: Cereal & String Cheese LUNCH: Cheeseburger Deluxe (let, tom, pickle) Wedge Fries Peaches Milk</p>	<p>25 AM: Breakfast Honey Bun LUNCH: Taco Twosday (mt, chz, let, sour cream & salsa) Corn/Black Beans Sorbet Cup Milk</p>	<p>26 AM: Chicken Biscuit Sandwich LUNCH: Rotini with Meat Sauce Breadstick Broccoli Pears Milk</p>	<p>27 AM: Omelet Wrap LUNCH: BBQ Rib Sandwich Pickles French Fries/Coleslaw Applesauce Milk</p>	<p>28 AM: Breakfast Round LUNCH: Bosco Stuffed Crust Pizza Caesar Salad Fresh Fruit Milk</p>
<p>31 AM: Yogurt & Goldfish Graham LUNCH: Elementary: CF Lunchable (turkey, cheese, egg, goldfish) Fruit MS/HS: CF Burrito Bowl (chk, black beans or refried beans, rice, let, cheese, sour cream & salsa) Corn and Sorbet Cup Milk</p>				

*Menu may change due to availability of product

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