

Clear Fork Valley Local School District Middle/High School Menu* -

OCTOBER 2020

Breakfast: \$1.50 (reduced at \$.30) *Includes milk and choice of fruit or 100% fruit juice;

Lunch: \$3.00 (reduced at \$.40) *Clear Fork utilizes the offer vs. serve option that allows students to refuse up to two items on the lunch menu. If a child refuses one or two items the full price is still charged therefore we always encourage students to take the full meal.

Adult Lunch: \$3.80

FREE/REDUCED APPLICATIONS ARE AVAILABLE IN SCHOOL OFFICE AND ON OUR WEBSITE.

DISTRICT CHARGE POLICY CAN BE LOCATED ON OUR WEBSITE.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 28 AM: Pop Tarts LUNCH: Chicken Patty Tator Tots Strawberry Cup Milk	29 AM: Donut Hole & String Chz LUNCH: Chicken Quesadilla Sour Cream/Salsa Corn/Black Beans Pears Milk	30 AM: Omelet Wrap LUNCH: Salisbury Steak Mashed Potatoes & Gravy Broccoli Mixed Fruit Milk	Oct. 1 AM: Sausage & Egg Pizza LUNCH: Hot Dog Baked Beans Carrots with Ranch Peaches Milk	2 AM: Cinnamon Roll LUNCH: French Bread Garlic Pizza Marinara Sauce Caesar Salad Fresh Fruit Milk
5 AM: Breakfast Round LUNCH: CF Chicken Bowl Mashed Potatoes, Corn & Gravy Biscuits Mixed Berry Cup Milk	6 AM: Pancake Wrap LUNCH: Toasted Cheese Sweet Potato Tots Pickle Strawberry Cup Milk	7 AM: Biscuits & Gravy LUNCH: Bosco Sticks w/ Marinara Sauce Broccoli Applesauce Milk	8 AM: Bacon & Egg Pizza LUNCH: French Toast Sausage Links Potato Triangles Orange Juice Milk	9 AM: Breakfast Muffin & String Cheese LUNCH: Pizza Tossed Salad/Red Pepper Slices Fresh Fruit Milk
12 AM: Pop Tarts LUNCH: Chicken Nuggets & Roll Mashed Potatoes & Gravy Broccoli Mixed Berry Cup Milk	13 AM: Mini Pancakes LUNCH: Pepperoni Calzone Green Beans Applesauce Milk	14 AM: Bagel & Cream Cheese LUNCH: Macaroni & Cheese Dinner Roll Peas Mixed Fruit Milk	15 AM: Glazed donut LUNCH: Soft Pretzel/Hot Dog Cheese Sauce Tator Tots Applesauce Milk	16 AM: Apple Cinnamon Toast LUNCH: French Bread Pizza Marinara Tossed Salad Fresh Fruit Milk
19 AM: Cocoa Bar & String Cheese LUNCH: Cheeseburger Deluxe (Lettuce, tomato & pickle) Wedge Fries Strawberry Cup Milk	20 AM: Bacon & Egg Pizza LUNCH: Sweet & Sour/General Tso Chicken with Rice Broccoli Peach Cup Milk	21 AM: Apple or Cherry Frudel LUNCH: Lasagna Roll Up Breadstick Caesar Salad Pears Milk	22 AM: Pancake Wrap LUNCH: Cook's Choice Fruit Milk	23 AM: Breakfast Muffin & String Cheese LUNCH: Pizza Tossed Salad Fresh Fruit Milk

*Menu may change due to availability of product

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